

**29<sup>th</sup> Annual  
N.C. Students Against  
Destructive Decisions  
Leadership Conference**

November 18-20, 2011  
Hilton North Raleigh/  
Midtown Hotel  
Raleigh, North Carolina

# FRIDAY, NOVEMBER 18

**3 - 6 p.m.**

Registration  
(Room Keys Issued to Chaperones Only)  
Luggage Storage

**Capital Registration**

**Congressional Room**

**6:30 - 8:30 p.m.**

Act I Opening Session

**Capital Salon DEFG**

Directors: Bria Burton and Jeanna Williams  
Enloe High School, Raleigh

Welcome

Greetings and Security Brief  
Hilton North Raleigh/Midtown Hotel Staff

Meet Your Student Advisory Board  
Harriett Southerland, SADD State Coordinator  
Youth Advocacy and Involvement Office

Recognition of Schools (School Shout Out)  
Anna Charalambous  
Amber Sawyer  
KayLynn Newton

Introduction of Presenter

Presentation: Take the Lead  
National Alliance for Youth Development

Each of us has the ability to influence what happens in our world. We are neither helpless nor powerless to make a difference. Each of our actions improves or reduces the amount of good in society. Today is a day for empowering people to do their best. Our actions count. If we take responsibility for what goes on and push things in positive directions, we will see better results. Youth are facing some critical situations: poverty, drug use, bullying, teen driving crashes. The power of one voice, one action, could change these problems and save lives. We need leaders.

Conference Protocol

The Student Advisory Board clarifies the rules to follow in order to make the conference a safe and enjoyable experience for everyone.

Closing Remarks

Stephanie Nantz, Executive Director  
Youth Advocacy and Involvement Office

**8:30 - 9:15 p.m.**

Pizza Bash

**9:15 - 10:45 p.m.**

Student Activity Session

**Capital Salon DEFG**

In this fun-filled interactive session, students get to know each other, share ideas and learn ways to have more successful projects.

**9:15 - 9:30 p.m.** Mandatory Chaperone Meeting **Boxwood**

**9:30 - 10:15 p.m.** Advisor Roundtable **Boxwood**  
Advisors meet with the state coordinator to share programming ideas and challenges. .

**10:45 - 11 p.m.** Free Time

**11:15 p.m.** Curfew - Room checks by chaperones

# **SATURDAY, NOVEMBER 19**

**7:30 a.m.** Breakfast **Capital Salon DEFG**

**8 - 8:30 A.M.** Act II (Scene I)  
Directors: Travis Deckard, University of North Carolina, Wilmington and KayLynn Newton, Southwest Onslow High School, Jacksonville

Greetings

Issues and Answers

Students present their chapter challenges and get assistance from other chapters.

Workshops (Students: See your conference folder for session assignments)

**8:40 a.m.-9:40 a.m.** Student Workshops Session 1

**9:50 a.m.-10:50 a.m.** Student Workshops Session 2

**10-11:30 am** Advisor Workshop

**11a.m.-12 p.m.** Student Workshops Session 3

**12:15 p.m.-2:15 p.m.** Lunch at Golden Corral

## **Student Workshops**

**Cars** **Capital Salon AB**

Ollie Jeffers, MADD Community Action Site Leader for Caswell, Durham and Person Counties. When you drive, do you speed, drive drowsy, talk on your cell phone or text? Operating a moving vehicle is serious business. Don't make it risky business. Don't let one careless decision change your life forever. In this comprehensive highway safety workshop, you will learn safe driver and safe passenger behavior that will help keep you and your passengers safe.

**The Blind Side** **Capital Salon C**

Fonda Porter, Louisburg College, Louisburg

With millions of Americans, including teens, experiencing domestic violence every year, most of us know someone who has been personally affected. This powerful and engaging workshop examines statistics, myths, the cycle of violence, why they stay, the "power and control wheel" and more. Discover the "blind side" of many relationships and what you can do to help a victim.

## **Love Don't Cost A Thing**

Annette Carrington Johnson, Durham County Health Department, Durham

You make healthier choices when you're fully informed. In this frank and open workshop, you will learn to separate fact from myth and learn assertive communication skills to say "no" to risky behavior that can lead to unplanned pregnancy or STD's.

## **Boxwood**

# **Advisor Workshop**

## **It's A Wonderful Life**

Sherry Lehman and Stephania Sidberry, NC Division of Public Health  
Injury and Violence Prevention Office

Learn what *you* can do to prevent youth suicide in your role as SADD advisor. This is an interactive session that will address questions and concerns about youth suicide in North Carolina. You will become familiar with youth suicide statistics, learn to identify the signs and symptoms of suicide and practice asking about thoughts of suicide.

## **Dogwood**

**2:30 - 6:30 p.m.** Free Time

**6:30 - 8:30 p.m.** Act II (Scene II) Banquetz

**Salon DEFG**

National Anthem (*Please Stand*)

Brandie Dunn, Garner Senior High School, Garner

Welcome

Candlelight Memorial Ceremony (*Please Stand*)

In loving memory of youth who have suffered injury or loss of life because of destructive decisions.

Musical Tribute

Brandie Dunn

Invocation

Dinner

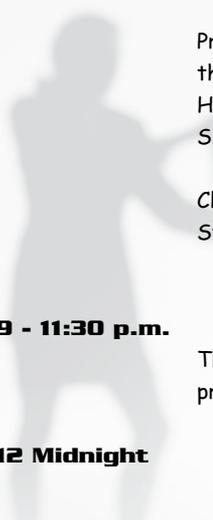
Introduction of Presenter

Keynote Presenter

Marc Fomby

**Take This to the Bank!**

You have the opportunity to demonstrate both positive and negative behaviors. Do you live a healthy life by making choices and decisions that produce positive outcomes? *Get* the facts about underage drinking, violence, destructive decisions and related issues. These "seeds" of information will assist you in your decision-making process and your leadership of other youth.



Presentation of the 2011-2012 Advisor of the Year and Student of the Year Awards  
Harriett Southerland  
SADD State Coordinator

Closing Remarks  
Stephanie Nantz, Executive Director

**9 - 11:30 p.m.**

Celebrity Ball with Marc Fomby

**Salon DEFG**

There will be breaks throughout the dance when Mr. Fomby will test your prevention smarts. If you have the right answers, you might win a prize!

**12 Midnight**

Room checks by chaperones

# **SUNDAY, NOVEMBER 21**

**8 - 9 a.m.**

Check Out

Remove all belongings from rooms before any keys are turned in.  
Luggage Storage

**Congressional Room**

**9a.m. - 12 Noon**

Noon Act III

Breakfast and Morning Program  
Directors: Travis Deckard and KayLynn Newton  
Greetings and Conference Recap

**Salon DEFG**

2011 SADD Conference Highlights

Lights, Camera, What's Your Action?

Participants share their thoughts on how this training conference will help them strengthen their SADD programs.

Introduction of Speaker

Keynote Speaker

Fonda Porter, Louisburg College

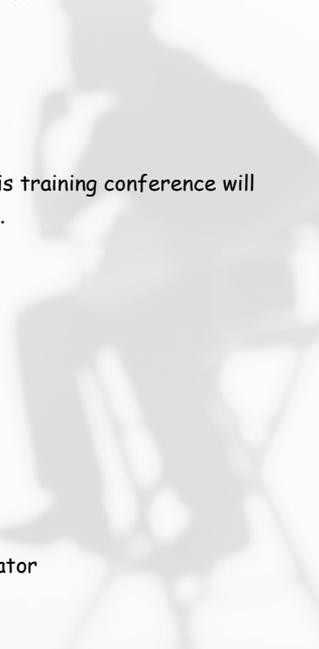
Participation Awards

Student Advisory Board

Recognitions and Remarks

Harriett Southerland, SADD State Coordinator

Adjournment



A background image showing silhouettes of people at a conference. On the left, a person stands with arms outstretched. In the center, a group of people is seated at a table, and another person stands behind them. On the right, a person is seated at a table. The scene is dimly lit, with the silhouettes highlighted against a light background.

**Thanks to all of you for making this conference a success. Go back to your schools and TAKE ACTION!**

**Remember to buckle-up and drive safely.**

2011-2012 Student Advisory Board

Bria Burton, Wake County

Anna Charalambous, Dare County

Travis Deckard, New Hanover County

Kaylynn Newton, Onslow County

Amber Sawyer, Dare County

Jeanna Williams, Wake County

Darian LaNeave, Mentor, Forsyth County

## **About Our Speakers**

**Marc Fomby** is a professional trainer and motivational speaker who provides workshops, education, information, seminars and presentations on numerous topics. He has been conducting trainings for over 19 years. He has ten years of law enforcement experience and program development as well as seven years as a Prevention Services Coordinator for a private Non-Profit Organization in Mississippi. He specializes in youth development and trainings that directly affect issues concerning youth today. Marc provides training in the areas of alcohol, tobacco, other drugs and violence prevention. He has traveled the United States and the U.S. Virgin Islands conducting trainings. One of his most requested trainings is Gang Awareness. He has informed thousands of participants in the Southeast about the latest information on gangs. Marc also presents workshops on Bullying, the Message in the Music (Understanding Hip Hop), Peer Mediation, Teen Suicide Awareness, Conflict Resolution, Anger Management and Crisis Management. He is a certified HIV/AIDS instructor and a certified Prevention Specialist. He was recently approved by the Office of Juvenile Justice and Delinquency Prevention as an Approved and Certified Consultant.

**Ollie Jeffers** is a Community Action Site Leader with Mothers Against Drunk Driving (MADD) and coordinator for the Crash Prevention Network-North Carolina. She works closely with law enforcement officers to conduct checkpoints to remove impaired drivers from our roadways. She facilitates monthly classes on highway safety with emphasis on distracted driving. Jeffers reminds drivers that the most important safety factor is a competent driver paying attention to the task behind the wheel.

**Annette Carrington Johnson** is Program Manager of the Health Education Division of the Durham County Health Department and an adjunct professor at N.C. Central University. She is a youth educator who views young people as positive assets in the community. She sponsors youth summits, youth conferences and other youth-lead events. She coordinates TEAS (Together Everyone Accomplishes Something), a pregnancy prevention program sponsored by the Durham County Health Department. Annette strongly believes that all youth should be fully informed in order to make healthy, safe decisions in their relationships. She has a Master of Science Degree in Health Promotion and Human Science.

**Sherry Lehman** currently divides her time between the NC Division of Public Health and the NC Department of Public Instruction (DPI). At Public Health she serves as a Youth Suicide Prevention School Consultant, and she works with school systems across the state to implement the Substance Abuse Mental Health Services Administration federal grant for youth suicide prevention. At DPI she serves as the Physical Activity, Nutrition and Tobacco Consultant for Healthy Schools, and she provides evidence-based programs, practices and policies to school systems at the state and local levels. Lehman has a Master of Education degree in Counselor Education from North Carolina State University and is licensed in North Carolina as a mental health counselor.

**The National Alliance for Youth Development: Motivational Media Assemblies** is the international leader in school assembly events. Started in 1985, MMA productions have been viewed by over 51 million students in the U.S., Canada, Australia and Taiwan. Featuring clips from today's most popular movies, music videos and incredible sports footage, MMA shows deal with the themes of decision-making, conflict resolution, drug prevention, traffic safety and personal excellence. Follow up materials include discussion guides, integrated curricula and project action plans.

**Fonda Porter** is Director of Counseling Services at Louisburg College. She is also founding executive director of Safe Space, Inc., a model domestic violence prevention program and shelter in North Carolina. She has served on the Board of Trustees for Wake Health Services and on the Boards of Directors for the NC Coalition Against Domestic Violence and Safe Space, Inc. Fonda has been active in her community serving on local United Way committees.

**Stephania Sidberry** is head of the Applications and Programs Unit in the Injury and Violence Prevention Branch in the NC Division of Public Health. She supervises injury and violence prevention professionals working on rape prevention and education, residential fire safety and youth suicide prevention. Over the past 15 years she has worked on various public health issues including minority infant mortality reduction, underage drinking prevention and HIV/AIDS prevention and care. Stephanía has a Master of Public Health degree in Health Behavior and Health Education from the University of North Carolina at Chapel Hill, Gillings School of Global Public Health.

# **DIRECT YOUR OWN LIFE**

**We thank our SADD Conference co-sponsor  
The Governor's Highway Safety Program,  
N.C. Department of Transportation**

For additional funding, we also thank:  
The Office of Prevention and Early Intervention,  
N.C. Department of Health and  
Human Services, Division of Mental Health, Developmental Disabilities/  
Substance Abuse Services, N.C. Alcoholic Beverage Control Commission

**We thank the following for donating their services:**

Durham County Health Department

The Injury and Violence Prevention Branch,  
N.C. Department of Health and Human Services

Louisburg College

Mothers Against Drunk Driving, Person County

**We thank the following for their donations to the conference:**

Beach 104 Radio Station, Domino's Pizza, Farmers Daughter Outer Banks  
First Flight High School, Kill Devil Hills, Golden Corral,  
Greater Raleigh Convention and Visitor's Bureau  
Harris Teeter, Hilton North Raleigh/Midtown Hotel  
Kroger, Walgreen's, Evelyne Y Ottavio, Kitty Hawk  
Outer Banks Visitors Bureau, Pepsi Bottling Ventures  
Southwest Onslow High School, Staples of the Outer Banks

The State SADD Conference is a project of  
The Youth Advocacy and Involvement Office  
N.C. Department of Administration  
Beverly Eaves Perdue, Governor  
Moses Carey, Jr., Secretary  
June W. Michaux, Deputy Secretary  
Stephanie Nantz, Executive Director  
Harriett Southerland, SADD State Coordinator