

Connect



SADD SHINES! DAY

On April 10, SADD members and supporters around the country will participate in SADD Shines! Rep your SADD T-shirts, hoodies, buttons, sweatpants, jackets, bracelets and anything else SADD you might have. If you are a proud SADD member, let everyone know that you are active, involved and making a difference. We want to raise awareness of our awesome organization and unite individuals across the country who have decided to make positive decisions. Tell your parents, teachers, principals and friends about this event so everyone knows that we are SADD Nation!

STUDENT ADVISORY BOARD

Applications are still being accepted for the SADD Student Advisory Board and SADD Student of the Year. Please encourage your members to apply. As much is required of SAB members, please only refer active students who have demonstrated leadership skills, exhibit initiative and have some experience in planning projects or events. The application is posted online at www.ncsadd.org, and the deadline for applications is April 12, 2013.

CAMPAIGN TO INCREASE MALE PARTICIPATION IN SADD

According to the most recent N.C. Youth Risk Behavior Survey results, high school boys exhibit far more high risk behavior than high school girls; yet, chapter membership and training conference attendance are overwhelmingly female. The following list of destructive decisions exhibited by males shows the critical need to involve more boys in SADD. We don't want to lose girls; we just need the boys to join them. We are advancing a campaign to recruit more boys to our SADD chapters.

The survey found that male students were significantly more likely than female students to have:

- Never or rarely worn a seatbelt when riding in a car driven by someone else.
- Driven a car or other vehicle one or more times during the past 30 days when they had been drinking
- Carried a weapon such as a gun, knife or club on one or more of the past 30 days.
- Carried a weapon such as a gun, knife or club on school property on one or more of the past 30 days.
- Been in a physical fight one or more times during the past 12 months.
- Been in a physical fight on school property one or more times during the past 12 months.
- Smoked a whole cigarette for the first time before age 13.
- Smoked cigarettes on 20 or more of the past 30 days.

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SADD Calendar for April

- SADD Shines Day
- Alcohol Awareness Month
- National Distracted Driving Awareness Month
- National STD Awareness Month
- Safe Prom and Graduation
- Global Youth Service Day
- National Public Health Week

Ideas? Questions? Concerns?

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Join the YAIO Listserv at www.ncyaio.com

- Used chewing tobacco, snuff or dip on one or more of the past 30 days.
 - Had their first drink of alcohol other than a few sips before age 13.
 - Had five or more drinks of alcohol in a row; that is, within a couple of hours, on one or more of the past 30 days.
 - Used marijuana one or more times during their life.
 - Tried marijuana for the first time before age 13.
 - Used marijuana one or more times during the past 30 days.
 - Used marijuana on school property one or more times during the past 30 days.
 - Used any form of cocaine, including powder, crack or freebase one or more times during their life.
 - Used methamphetamines one or more times during their life.
 - Taken steroid pills or shots without a doctor's prescription one or more times during their life.
 - Taken a prescription drug (such as Oxycontin, Percocet, Vicodin, codeine, Adderall, Ritalin or Xanax) without a doctor's prescription one or more times in their life.
 - Been offered, sold or given an illegal drug by someone on school property during the past 12 months.
 - Had sexual intercourse for the first time before age 13.
 - Drunk alcohol or used drugs before last sexual intercourse.
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JP KNAPP SADD SPONSORS ELEMENTARY CONTEST

SADD Students at JP Knapp Early College High School in Currituck recently sponsored a paper bag decorating contest for 4th and 5th grade students in Currituck County's six elementary schools. The students delivered the bags to the schools, met with the elementary students and explained the contest and its purpose. Each student would decorate a bag illustrating one of three themes: 1) Don't Be A Bully; 2) No Text is Worth the Risk; and 3) Seat Belts Save Lives. In addition to serving as mentors, the SADD members provided an opportunity for the contestants to show off their artistic talents while learning important messages at an early age. JP Knapp just started their SADD chapter this year, and they hit the ground running. Kudos to the chapter members and advisor Diane Davenport for her leadership.

NORTH CAROLINA TEEN DRIVERS SUMMIT

On April 20, Johnston County Community College will be the site of the National Organization for Youth Safety (NOYS) and JoCo Teen Drivers *NC Teen Drivers Summit 2013*. JoCo (Johnston County) Teen Drivers is a student-led program with the goal to heighten public safety awareness and reduce teen driving fatalities. Numerous teen traffic crashes and fatalities led the Johnston County Board of Commissioners to take action to reduce future tragedies, and JoCo Teen Drivers was formed. The ten high schools in Johnston County all participate in the program.

During the event, teens will have the opportunity to participate in demonstrations, workshops and exhibits related to reducing distracted driving. Guest speakers who have been affected by teen driving crashes will discuss the consequences of poor driving decisions. Speakers will be Wil Craig from the AT&T documentary "The Last Text," Joel Feldman, Marty the One Man Party, Lisa Mazingo and Phil Ford, former UNC basketball player. JoCo Teen Drivers has invited all school districts and citizens throughout North Carolina to attend the event. Let's join them to help put an end to teen driving fatalities.

For more information about the summit, visit <http://ncsafedrivingssummit.weebly.com>.



Left: Students from Clayton, Princeton, South Johnston and West Johnston High Schools and Johnston County Early and Middle Colleges make up the JoCo Teen Drivers Leadership Team. Kaleigh Allen, SADD Student of the Year, is center front.

2013 YOUTH HEALTH SUMMIT

On Saturday, May 4, 2013, 9:30am-4:30pm, at the Hawthorne Inn in Winston-Salem, the NC Division of Public Health will present *Prevention, Protection, Power*; a free health and prevention summit just for high school students. According to Stephania Sidberry, head of the Applications and Programs Unit of the Injury and Violence Prevention Branch, the purpose of the summit is to help teens navigate common health issues facing them today. The summit will focus on suicide prevention, healthy relationships and healthy sexuality. It will provide violence prevention programming ideas that can be implemented in schools by our chapters. Prevention resources will be shared that can guide and support SADD chapters that implement interpersonal or self-directed violence prevention projects.

You may access online registration for the summit at <https://survey.appstate.edu/TakeSurvey.aspx?SurveyID=822Jn92>.

If you need help with registering, contact Genele Byrd at byrdgr@appstate.edu.

If you have questions or need more information about the summit, contact Stephania Sidberry at stephania.sidberry@dhhs.nc.gov or 919 707-5429.

The state coordinator will be at the summit and looks forward to seeing as many SADD members as possible.

For safe prom and graduation ideas and activities, visit: <http://www.sadd.org/campaign/prom>.

Advisors: Please have you students access this newsletter at www.ncsadd.org and join the SADD Listserv so they can get future issues of the newsletter sent to them.



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