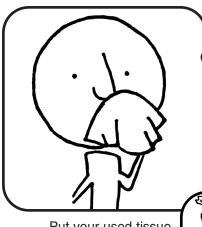
## Stop the spread of germs that make you and others sick!

## your



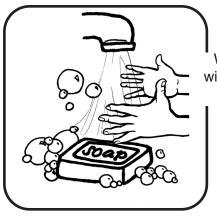
Cover your mouth and nose with a tissue when you cough or sneeze

cough or sneeze into your upper sleeve, not your hands.

Put your used tissue in the waste basket.



after coughing or sneezing.



Wash hands with soap and warm water

or clean with alcohol-based hand cleaner.

